



PHYSICIANS

Robert J. Banco, M.D.

Sarah Koonce, PA-C

Robert J. Banco, M.D.

Orthopaedic Spine Surgeon
Associate Clinical Professor
Department of Orthopaedic Surgery
Tufts University School of Medicine

25 Washington Street, Unit 1B
Wellesley, MA 02481

Tel: 617-219-6300
Fax: 617-219-6355
bostonspinecaregroup.com

AFFILIATED HOSPITAL

Newton-Wellesley Hospital

What to Expect When You Meet with Sarah Koonce, PA-C

Sarah Koonce, PA-C will complete a thorough health evaluation with a spinal focused neurological exam. She will review your lifestyle habits such as nutrition, smoking history and sleep history to prepare you for the best surgical outcome. In the exam, she may also check your vitamin levels. These evaluations are all part of the preoperative medical optimization model she and Dr. Banco have developed to aid in your best possible outcome.

Sarah communicates with your other medical providers as needed to coordinate your medical optimization, both before and after surgery. She assists in the coordination of additional referrals when needed. She manages communication regarding clinical questions and test results. She educates patients and family members regarding surgical procedures, medications and postoperative care.

Sarah assists Dr. Banco in the operating room during your surgery, and sees you daily (on weekdays) during your hospital stay. Sarah will give you a call following your discharge from the hospital to discuss pain management, your activity level, your sleep patterns, as well as other general health concerns to make sure you are as comfortable as possible and on your way to feeling better. If you are discharged to a rehab facility, Dr. Banco or Sarah may also communicate with your nurse or attending physician while you are at the facility.

Sarah sees you postoperatively in clinic. She is highly experienced in perioperative pain management and will assist you through your surgical recovery with individually tailored pain management prescriptions, activity recommendations, and medication weaning schedules.

Both Sarah and Dr. Banco work together with you for continual care from pre to post-operative surgery. They are the two people you will see throughout your whole process, and they take great pride in following each patient closely as a team.